SA 623: Data Based Preven & Mgmt of Sport Injury

Health, Exercise Sci & Recreation Mgmt

In this course, students will be given the opportunity to develop their knowledge of the many different methods to prevent sports injuries and monitoring that are currently recommended and practiced within the field. Increased participation in sports has led to an associated increase in injuries so the justification for more evidence-based methods to prevent sports injuries is needed.

3 Credits

Instruction Type(s)

- Lecture: Lecture for SA 623
- Lecture: Online Program for SA 623
- Lecture: Web-based Lecture for SA 623

Subject Areas

- Parks, Recreation and Leisure Facilities Management

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