

### EL 175: Lifeguarding Instructor Health, Exercise Sci & Recreation Mgmt

Techniques and applications of practical and teaching skills for individuals qualified to become American Red Cross lifeguarding instructor.

# 2 Credits **Prerequisites**

Must be currently certified Red Cross Lifeguard and CPR for prof. res.

### **Instruction Type(s)**

• Lecture/Lab: Lecture/Lab for EL 175

# Course Fee(s) Applied Science

• \$50.00

#### **Subject Areas**

· Leisure and Recreational Activities, General

