

## NHM 209: Nutrition Science

### [Nutrition & Hospitality Management](#)

Introduction to the principles of the science of nutrition with implications for any applications to food selection for individuals of all ages.

3 Credits

### Corequisites

- [NHM 208: Nutrition Science Laboratory](#)

### Instruction Type(s)

- Lecture: Lecture for NHM 209

### Subject Areas

- [Foods, Nutrition, and Wellness Studies, General](#)

### Related Areas

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

