

ES 609: Motor Behavior Health, Exercise Sci & Recreation Mgmt

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills.

3 Credits

Instruction Type(s)

• Lecture: Lecture for ES 609

Subject Areas

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- <u>Sports Studies</u>

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