

# ES 542: Sports Psychology Health, Exercise Sci & Recreation Mgmt

Examination of motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

#### Prerequisites

• Prerequiste: Junior standing (60 hr).

## Instruction Type(s)

Lecture: Lecture for ES 542

### Subject Areas

- Health and Physical Education, General
  Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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