

## EL 120: Intro to Lifetime Leisure Activities

### [Health, Exercise Sci & Recreation Mgmt](#)

Selected individual and group leisure activities suitable for all age groups and ability levels.

Pass/Fail grade

1 Credit

### Instruction Type(s)

- Lab: Laboratory for EL 120

### Course Fee(s)

#### Applied Science

- \$50.00

### Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

