

### ES 542: Sports Psychology Health, Exercise Sci & Recreation Mgmt

Examination of motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

# Prerequisites

• Prerequiste: Junior standing (60 hr).

## Instruction Type(s)

• Lecture: Lecture for ES 542

### **Subject Areas**

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- <u>Sport and Fitness Administration/Management</u>
- <u>Sports Studies</u>

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