

# ES 618: Advanced Muscle Physiology Health, Exercise Sci & Recreation Mgmt

An in-depth study into human skeletal muscle structure and function with reference to exercise-induced plasticity, peak performance, age-related sarcopenia, and clinical pathologies.

3 Credits

### Prerequisites

- ES 348: Physiology of Exercise
- ES 611: Exercise Physiology I

## Instruction Type(s)

Lecture: Lecture for ES 618

### Subject Areas

• Health and Physical Education, General

### **Related Areas**

- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management

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