

## **SRA 580: Recreational Therapy for Older Adults**

### **[Health, Exercise Sci & Recreation Mgmt](#)**

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

### **Instruction Type(s)**

- Lecture: Lecture for SRA 580

### **Subject Areas**

- [Therapeutic Recreation/Recreational Therapy](#)
- [Parks, Recreation and Leisure Facilities Management](#)

