

# ES 512: Foundations of Biomechanics Health, Exercise Sci & Recreation Mgmt

Biomechanical bases of human movement, focusing on the mechanical interaction between the human body and the external environment.

#### 3 Credits

### **Prerequisites**

- ES 446: Biomechanics of Human Movement
- ES 447: Biomechanics Laboratory
- Prerequiste: Junior standing (60 hr).

## Instruction Type(s)

• Lecture/Lab: Lecture/Lab for ES 512

# **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

