

# S St 105: Introduction to the South and Food

## [Center for the Study of Southern Culture](#)

This course will explore Southern culture and identity through the lens of foodways - what people eat (or do not eat), why and how they eat what they eat, and what it means. Studying foodways offers insight into everyday life, ritual, social interactions, and other cultural phenomena.

3 Credits

### Instruction Type(s)

- Lecture: Lecture for S St 105

### Subject Areas

- [Regional Studies \(U.S., Canadian, Foreign\)](#)

### Related Areas

- [African Studies](#)
- [American/United States Studies/Civilization](#)
- [East Asian Studies](#)
- [European Studies/Civilization](#)
- [German Studies](#)
- [Latin American Studies](#)
- [Near and Middle Eastern Studies](#)

