

## **SRA 680: Leisure Programming for Senior Adults**

### **Health, Exercise Sci & Recreation Mgmt**

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

### **Instruction Type(s)**

- Lecture: Lecture for RA 680

### **Subject Areas**

- [Parks, Recreation and Leisure Facilities Management](#)
- [Parks, Recreation, Leisure and Fitness Studies, Other](#)

