

ES 608: Methods & Procedures of Graded Exercise Health, Exercise Sci & Recreation Mgmt

Methods, procedures, and techniques of diagnostic and functional graded exercise testing. Aptitude regarding referral procedures, data interpretation, contraindications, protocols, equipment, and follow-up procedures regarding graded exercise testing.

3 Credits

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for ES 608

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

