

# ES 548: Biomechanics of Injury Health, Exercise Sci & Recreation Mgmt

This course is designed to introduce the student to the biomechanics of the materials that comprise the body and to analyze the response of the body to external forces as a method of predicting and evaluating injuries.

3 Credits

## **Prerequisites**

• ES 446 or ES 512

## Instruction Type(s)

• Lecture: Lecture for ES 548

#### **Subject Areas**

• Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

