

SRA 680: Leisure Programming for Senior Adults Health, Exercise Sci & Recreation Mgmt

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

Instruction Type(s)

Lecture: Lecture for RA 680

Subject Areas

- Parks, Recreation and Leisure Facilities Management
- Parks, Recreation, Leisure and Fitness Studies, Other

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