

## **ES 542: Sports Psychology**

### **Health, Exercise Sci & Recreation Mgmt**

Examination of motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

#### **Prerequisites**

- Prerequisite: Junior standing (60 hr).

#### **Instruction Type(s)**

- Lecture: Lecture for ES 542

#### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

