

EL 175: Lifeguarding Instructor Health, Exercise Sci & Recreation Mgmt

Techniques and applications of practical and teaching skills for individuals qualified to become American Red Cross lifeguarding instructor. 2 Credits

Prerequisites

• Must be currently certified Red Cross Lifeguard and CPR for prof. res.

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 175

Course Fee(s) Applied Science

• \$50.00

Subject Areas

· Leisure and Recreational Activities, General

