

# **ES 611: Exercise Physiology I**

## **Health, Exercise Sci & Recreation Mgmt**

The effects of exercise on the function of the organic systems of the body.

3 Credits

### **Prerequisites**

- [ES 348: Physiology of Exercise](#)
- [ES 349: Physiology of Exercise Laboratory](#)

### **Instruction Type(s)**

- Lecture: Lecture for ES 611

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

