

# EL 100: Wilderness Living Techniques Health, Exercise Sci & Recreation Mgmt

Basics of outdoor living skills focusing on camping, orienteering, basic survival, cooking, natural food identification and preparation, and trip planning. Pass/Fail grade

1 Credit

# **Prerequisites**

• First eight weeks only, field trip and fee required

## Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 100

#### Course Fee(s) Applied Science

• \$50.00

## **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

