

## **Psy 203: Self Management for Your Personal Life**

### **[Psychology](#)**

The course will involve the presentation of information and exercises designed to facilitate the development of sexual and personal decision-making skills. Classes will be student-led and limited to 15 students. Topics will include communication skills, safe sex practices, AIDS/STDs, alcohol, date rape, and abstinence.

1 Credit

### **Prerequisites**

- Successful completion of DS 097 (or DS 094), if required

### **Instruction Type(s)**

- Seminar: Seminar for Psy 203

### **Subject Areas**

- [Psychology, General](#)

