

# **EL 251: Advanced Weight Lifting**

## **Health, Exercise Sci & Recreation Mgmt**

Pass/Fail grade

1 Credit

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 251

### **Course Fee(s)**

#### **Applied Science**

- \$50.00

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

