NHM 516: Nutrition in Aging

Nutrition & Hospitality Management

Nutritional needs of the aged, including concepts of menu selection and preparation. Psychological, physiological, and socioeconomic factors affecting dietary problems and practices among the elderly.

Prerequisite requirements for this course may also be satisfied by equivalent course work as approved by the department.

3 Credits

Prerequisites

- NHM 311: Nutrition

Instruction Type(s)

- Lecture: Lecture for NHM 516

Subject Areas

- Foods, Nutrition, and Wellness Studies, General

Related Areas

- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management

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