

## **HP 191: Personal and Community Health** **[Health, Exercise Sci & Recreation Mgmt](#)**

A comprehensive health course, including principles and practices of healthful living for the individual and community; major health problems; responsibilities of home, school, health agencies.

3 Credits

### **Instruction Type(s)**

- Lecture: Lecture for HP 191
- Lecture: iStudy for HP 191

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Health and Physical Education/Fitness, Other](#)

### **Related Areas**

- [Kinesiology and Exercise Science](#)
- [Sport and Fitness Administration/Management](#)

