

## **ES 608: Methods & Procedures of Graded Exercise**

### **[Health, Exercise Sci & Recreation Mgmt](#)**

Methods, procedures, and techniques of diagnostic and functional graded exercise testing. Aptitude regarding referral procedures, data interpretation, contraindications, protocols, equipment, and follow-up procedures regarding graded exercise testing.

3 Credits

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for ES 608

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

