

## EL 173: Lifeguarding Health, Exercise Sci & Recreation Mgmt

Techniques of lifeguarding skills, training, aquatic facility management, and emergency care. American Red Cross certification. 2 Credits

### **Prerequisites**

- HP 203: First Aid and CPR
- Must pass pretest

### **Instruction Type(s)**

• Lecture/Lab: Lecture/Lab for El 173

# Course Fee(s) Applied Science

• \$50.00

### **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

