

## **HP 635: Theories in Health Promotion**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

Selected health behavior theories and their application to the practice of health promotion will be covered. Using a social ecological framework, we examine theories, research, and interventions that aim to promote the health of individuals, communities, and populations.

3 Credits

#### **Instruction Type(s)**

- Seminar: Seminar for HP 635

#### **Subject Areas**

- [Health and Physical Education, General](#)
- [Health and Physical Education/Fitness, Other](#)

#### **Related Areas**

- [Kinesiology and Exercise Science](#)
- [Sport and Fitness Administration/Management](#)

