

# ES 542: Sports Psychology HEALTH, EXERCISE SCI & RECREATION MGMT

Examination of motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

#### **Prerequisites**

• Prerequiste: Junior standing (60 hr).

## Instruction Type(s)

• Lecture: Lecture for ES 542

### **Subject Areas**

- Health and Physical Education, General Kinesiology and Exercise Science

#### **Related Areas**

- · Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

