

NHM 515: Nutrition in Weight Mgmt & Eating Disord

NUTRITION & HOSPITALITY MANAGEMENT

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

Prerequisites

- [NHM 311: Nutrition](#)
- Prerequisite: Junior standing (60 hr).

Instruction Type(s)

- Lecture: Lecture for NHM 515

Subject Areas

- [Foods, Nutrition, and Wellness Studies, General](#)

Related Areas

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

