

# EL 129: Body Contouring and Conditioning HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade

1 Credit

## Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 129

#### Course Fee(s) **Applied Science 2**

• \$50.00

## **Subject Areas**

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- **Sports Studies** •

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