

## **NHM 311: Nutrition**

### **NUTRITION & HOSPITALITY MANAGEMENT**

Fundamental principles of human nutrition; application to needs of individuals and families at all stages of the life cycle.

3 Credits

#### **Prerequisites**

- Pre-Requisite: 24 Earned Hours

#### **Instruction Type(s)**

- Lecture: Lecture for NHM 311
- Lecture: iStudy for NHM 311
- Lecture: Hybrid Lecture for NHM 311
- Lecture: Web-based Lecture for NHM 311

#### **Subject Areas**

- [Foods, Nutrition, and Wellness Studies, General](#)

#### **Related Areas**

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

