

## **HP 191: Personal and Community Health**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

A comprehensive health course, including principles and practices of healthful living for the individual and community; major health problems; responsibilities of home, school, health agencies.

3 Credits

#### **Instruction Type(s)**

- Lecture: Lecture for HP 191
- Lecture: iStudy for HP 191

#### **Subject Areas**

- [Health and Physical Education, General](#)
- [Health and Physical Education/Fitness, Other](#)

#### **Related Areas**

- [Kinesiology and Exercise Science](#)
- [Sport and Fitness Administration/Management](#)

