ES 100: Introduction to Exercise Science

HEALTH, EXERCISE SCI & RECREATION MGMT

An introduction to the faculty and courses in exercise science, with an emphasis on career planning and student development. Required for all exercise science majors during the first semester of program enrollment and recommended for anyone considering exercise science as a major.

Z grade

1 Credit

Instruction Type(s)

- Lecture: Lecture for ES 100

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.