

## SRA 680: Leisure Programming for Senior Adults HEALTH, EXERCISE SCI & RECREATION MGMT

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

## Instruction Type(s)

• Lecture: Lecture for RA 680

## **Subject Areas**

- Parks, Recreation and Leisure Facilities Management
- Parks, Recreation, Leisure and Fitness Studies, Other

