

SRA 580: Recreational Therapy for Older Adults HEALTH, EXERCISE SCI & RECREATION MGMT

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings. 3 Credits

Instruction Type(s)

• Lecture: Lecture for SRA 580

Subject Areas

- Therapeutic Recreation/Recreational Therapy
- Parks, Recreation and Leisure Facilities Management

