# HP 635: Theories in Health Promotion

## HEALTH, EXERCISE SCI & RECREATION MGMT

Selected health behavior theories and their application to the practice of health promotion will be covered. Using a social ecological framework, we examine theories, research, and interventions that aim to promote the health of individuals, communities, and populations.

3 Credits

## Instruction Type(s)

- Seminar: Seminar for HP 635

## Subject Areas

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

## Related Areas

- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management

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