HP 615: Personal Health Promotion

HEALTH, EXERCISE SCI & RECREATION MGMT

An advanced study of personal health promotion; information, skills, theory, and practice in assisting clients develop health-related life skills.

3 Credits

Instruction Type(s)

- Lecture: Lecture for HP 615

Subject Areas

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

Related Areas

- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.