

# **HEALTH, EXERCISE SCI & RECREATION MGMT**

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## Overview

The Department of Health, Exercise Science, and Recreation Management offers the following degrees: the Bachelor of Science in Exercise Science (B.S.E.S.), the Bachelor of Arts in Recreation Administration (B.A.R.A.), the Master of Arts (M.A.) in park and recreation management, the Master of Science (M.S.) in exercise science, the Master of Science (M.S.) in health promotion, and the Doctor of Philosophy (Ph.D.) in health and kinesiology. For the Ph.D., a faculty curriculum committee selected during the student's first semester will guide the student through the curriculum design. The Ph.D. requires a minimum of 57 semester hours beyond an approved master's degree. An approved plan of study must be completed during the first semester of course work.

## Accreditation

The Bachelor of Arts in Park and Recreation Management program is accredited by the National Recreation and Park Association through the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT).

#### Other Information

A minor in park and recreation management is available to students in other degree programs.

Students admitted to the M.A.R.A. program with an undergraduate degree from a nonaccredited recreation, park, or leisure services program, or from a related discipline, may require additional undergraduate or graduate course work to develop basic areas of knowledge in the professional field. Admission to the Ph.D. program is competitive, limited in number, and dependent upon availability of faculty mentors.

