

# ES 391: Trends & Topics in Exercise Science HEALTH, EXERCISE SCI & RECREATION MGMT

Identification and analysis of trends and topics in exercise science.

3 Credits

### Prerequisites

• Pre-Requisite: 24 Earned Hours

## Instruction Type(s)

- Lecture: Lecture for ES 391
- Lecture: Web based lecture for ES 391

### **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

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