

EL 174: Water Safety Instructor HEALTH, EXERCISE SCI & RECREATION MGMT

Techniques of aquatic instruction to include basic water safety, emergency water safety and progression swimming. Red Cross certification is possible. Prerequisite: Proficient swimming skills to include: front crawl, back crawl, elementary backstroke, breaststroke, sidestroke. Must pass pretest. Must be lifeguard certified or possess emergency water safety certification. 2 Credits

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 174

Course Fee(s) **Applied Science**

- \$5.00 for:
 - o 2014-15: May, Full Summer, First Summer, Second Summer, August
- \$50.00 for:
 - 2015-16: Fall, First Fall, Second Fall, Winter, Spring, First Spring, Second Spring

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

