

## **EL 134: Kayaking**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

Fundamental techniques, safety, and navigation to facilitate skills for open water touring.

Pass/Fail grade

1 Credit

### **Prerequisites**

- Second eight weeks only, field trip and fee required

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 134

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

