

## **HP 675: Advanced Theoretical Appl Hlth Behavior**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

This course focuses on the theoretical underpinnings of health behavior and health promotion strategies. Factors related to the initiation, maintenance, and change of health behaviors are reviewed in depth, and application of these principles to health promotion with individuals, groups, and communities are presented.

3 Credits

### **Instruction Type(s)**

- Lecture: Lecture for HP 675

### **Subject Areas**

- [Community Health and Preventive Medicine](#)

### **Related Areas**

- [Public Health Education and Promotion](#)
- [Public Health, General](#)

