

NHM 515: Nutrition in Weight Mgmt & Eating Disord

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

Prerequisites

<u>NHM 311: Nutrition</u>

Instruction Type(s)

• Lecture: Lecture for NHM 515

Subject Areas

• Foods, Nutrition, and Wellness Studies, General

Related Areas

- <u>Dietetics/Human Nutritional Services</u>
- Foodservice Systems Administration/Management

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