

SRA 580: Recreational Therapy for Older Adults HEALTH, EXERCISE SCI & RECREATION MGMT

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits Instruction Type(s)

• Lecture: Lecture for SRA 580

Subject Areas

- <u>Therapeutic Recreation/Recreational Therapy</u>
- Parks, Recreation and Leisure Facilities Management

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