

## **SA 622: Phys Aspects of Sport Perform & Monitor**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

In this course, students will be given the opportunity to develop their knowledge of the physiology of sport and the current data-driven monitoring systems that are being utilized.

3 Credits

### **Instruction Type(s)**

- Lecture: Lecture for SA 622

### **Subject Areas**

- [Parks, Recreation and Leisure Facilities Management](#)

