

HP 675: Advanced Theoretical Appl HIth Behavior HEALTH, EXERCISE SCI & RECREATION MGMT

This course focuses on the theoretical underpinnings of health behavior and health promotion strategies. Factors related to the initiation, maintenance, and change of health behaviors are reviewed in depth, and application of these principles to health promotion with individuals, groups, and communities are presented.

3 Credits

Instruction Type(s)

• Lecture: Lecture for HP 675

Subject Areas

<u>Community Health and Preventive Medicine</u>

Related Areas

- Public Health Education and Promotion
- Public Health, General

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

