

## HP 635: Theories in Health Promotion HEALTH, EXERCISE SCI & RECREATION MGMT

Selected health behavior theories and their application to the practice of health promotion will be covered. Using a social ecological framework, we examine theories, research, and interventions that aim to promote the health of individuals, communities, and populations.

## 3 Credits Instruction Type(s)

• Seminar: Seminar for HP 635

## **Subject Areas**

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

## **Related Areas**

- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management
- <u>Sports Studies</u>

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

