

Kinesiology and Exercise Science • EL 100: Wilderness Living Techniques

- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 148: Introduction to Pickleball
- EL 149: Introduction to Pickleball and Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
- EL 342: Master Diver
- EL 352: Coaching Football
- EL 353: Advanced Sports Conditioning
- EL 354: Coaching Basketball
- EL 355: Coaching Baseball-Softball
- EL 357: Coaching Volleyball
- EL 359: Coaching Track and Field
- EL 442: Dive Supervisor
- EL 453: Advanced Sports Conditioning
- ES 100: Introduction to Exercise Science
- ES 104: Sports in the Ancient World
- ES 200: Principles of Personal Training
- ES 319: Sport and Society
- ES 338: Motor Learning and Control
- ES 344: Aging in the 21st Century
- ES 346: Kinesiology
- ES 347: Kinesiology Lab
- ES 348: Physiology of Exercise

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation



- ES 349: Physiology of Exercise Laboratory
- ES 351: Measurement & Statistics in Exercise Sci
- ES 391: Trends & Topics in Exercise Science
- ES 394: Therapeutic Exercise and Fitness
- ES 396: Allied Health Terminology
- ES 402: Exercise Leadership
- ES 440: Behavioral Aspects of Exercise
- ES 446: Biomechanics of Human Movement
- ES 447: Biomechanics Laboratory
- ES 456: Exercise Testing & Prescription
- ES 457: Exercise Testing & Prescription Lab
- ES 471: Mgmt. of Health, Fitness and Sport Progr
- ES 473: Practicum
- ES 490: Independent Study
- ES 493: Internship
- ES 511: Applied Statistics
- ES 512: Foundations of Biomechanics
- ES 514: Applied Electromyography
- ES 542: Sports Psychology
- ES 544: The American Woman in Sports
- ES 548: Biomechanics of Injury
- ES 574: Selected Problems in Special Populations
- ES 603: Data Analytics Methodologies
- ES 608: Methods & Procedures of Graded Exercise
- ES 609: Motor Behavior
- ES 610: Internship in Exercise Science
- ES 611: Exercise Physiology I
- ES 612: Instrumentation & Analysis in Biomechani
- ES 613: Health Aspects of Physical Activity
- ES 614: Cardiovascular Physiology
- ES 615: Physiological Aspects of Aging
- ES 616: Exercise Physiology II
- ES 620: Selected Topics in Exercise Science
- ES 625: Research Design and Evaluation
- ES 632: Advanced Structural Kinesiology
- ES 644: Control of Human Voluntary Movement
- ES 650: Seminar In Exercise Science
- ES 651: Advanced Individual Study
- ES 652: Advanced Individual Study
- ES 653: Independent Research
- ES 655: Problems in PE/Health Education
- ES 697: Thesis
- ES 750: Advanced Seminar in Exercise Science
- Espr 797: Dissertation
- HK 751: Advanced Independent Study
- HK 752: Advanced Independent Study

