

## ES 608: Methods & Procedures of Graded Exercise

### HEALTH, EXERCISE SCI & RECREATION MGMT

Methods, procedures, and techniques of diagnostic and functional graded exercise testing. Aptitude regarding referral procedures, data interpretation, contraindications, protocols, equipment, and follow-up procedures regarding graded exercise testing.

3 Credits

#### Instruction Type(s)

- Lecture/Lab: Lecture/Lab for ES 608

#### Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

