

# EL 453: Advanced Sports Conditioning HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade

1 Credit

### **Prerequisites**

• Pre-Requisite: 24 Earned Hours

## Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 453

# Course Fee(s) Applied Science

- \$5.00
- \$50.00

### **Subject Areas**

- · Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management