

# EL 134: Kayaking HEALTH, EXERCISE SCI & RECREATION MGMT

Fundamental techniques, safety, and navigation to facilitate skills for open water touring. Pass/Fail grade

1 Credit

### Prerequisites

· Second eight weeks only, field trip and fee required

## Instruction Type(s) • Lecture/Lab: Lecture/Lab for EL 134

### Subject Areas

- Health and Physical Education, General
  Kinesiology and Exercise Science

### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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